

Daily Reminders/Misc.

- Watch Governor Burgum's updates on **Wednesdays** (unless otherwise noted) at 3:00 pm CST.
- Previous updates are archived on our website, and can be found [here](#).
- **June 21 is Father's Day.** Another holiday that may cause heart ache as we miss people we want to spend time with, but due to the 'new normal', we may not be able to. Or maybe time must be spent differently than we're used to. **Be creative. Outdoor activities are better for social distancing (go for a walk, have a picnic, go for a boat ride). Spend time together virtually if you can't spend time together in person. Send a card with a personal note and include pictures of you and other loved ones. Give the gift of a digital photo frame pre-filled with pictures of memories of time spent together. Where there's a will, there's a way.**

New and Current Guidance/Items of Interest

- ***NEW*** Looking for additional COVID-19 Resources? ICISF added three new resources on the ICISF App accessible through your mobile device (*Strength During A Disaster, Pandemic: Strategic Planning Simplified, Pandemic: Self Care*). [Learn More](#)
- ***NEW*** Watch for relicensure information coming from DEMS soon.
- ***NEW*** Protect your sleep health: A [video](#) highlighting a few strategies that may be of some help to first responders and EMS clinicians working shifts during the COVID-19 pandemic.
- Ensuring Healthcare Safety Throughout the COVID-19 Pandemic'; watch the recorded webinar (June 2, 2020) [here](#).
- As of May 12, The National Registry is offering EMT and AEMT candidates the opportunity to take the official National Registry Cognitive (written) examination on their own computers at their home or office via new secure technology. Read about it [here](#).
- The Instructor Coordinator Refresher scheduled for Jamestown ND on June 4th has been postponed. If Instructor Coordinators have a certificate that expires June 30, 2020, the state of North Dakota will recognize them as active instructors until IC Coordinator refreshers are available.

Links

- NDDOH Website <https://www.health.nd.gov/>
- CDC Website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- International Critical Incident Stress Foundation COVID-19 Resources: <https://icisf.org/covid19-resources/>
- ND HAN Website <http://hanassets.nd.gov/>
- EMS.gov Coronavirus/COVID-19 Resources https://www.ems.gov/projects/coronavirus_covid-19_resources.html
- COVID-19 Peak Predictions <https://covid19.healthdata.org/projections>
- U.S. Department of Health & Human Services <https://www.phe.gov/emergency/pages/default.aspx>

Thank you again for all of your efforts on behalf of your fellow North Dakotans!